

# Robust Estimation of the Spectral Density Function with Applications to the Analysis of Heart Rate Variability

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## Motivation

Spectral estimation in

- geophysics
- signal processing
- medicine → analysis of heart rate variability (HRV) as noninvasive method

## Data Model with Additive Outliers (AO)

The process  $\{y_t : t \in \mathbb{Z}\}$  is said to have **additive outliers (AO)** if it is defined by

$$y_t = x_t + v_t$$

where  $x_t$  is an ARMA( $p, q$ ) process and the  $v_t$  are independent, identically distributed (iid) with  $F_{v_t} = (1 - \varepsilon)\delta_0 + \varepsilon H$  where  $\delta_0$  is the degenerated distribution having all its mass at the origin and  $H$  is a heavy-tailed symmetric distribution with mean 0 and variance  $\sigma_H^2$ .

## Robust Filter-cleaner

Let  $\{y_k, k = 1, \dots, N\}$  denote the observed values of a second-order stationary process with mean zero. The filter-cleaner algorithm (cf. Martin and Thomson, 1982) relies on the AR( $p$ ) approximation of the underlying process  $x_t$ , represented in the following **state-space form** with  $t = p + 1, \dots, N$ :

$$\mathbf{X}_t = \Phi \mathbf{X}_{t-1} + \mathbf{U}_t,$$

where

$$\mathbf{X}_t = (x_t, x_{t-1}, \dots, x_{t-p+1})^\top, \\ \mathbf{U}_t = (\varepsilon_t, 0, \dots, 0)^\top,$$

$$\text{with } \Phi = \begin{pmatrix} \phi_{1,p} & \dots & \phi_{p-1,p} & \phi_{p,p} \\ 1 & \dots & 0 & 0 \\ \vdots & \ddots & \vdots & \vdots \\ 0 & \dots & 1 & 0 \end{pmatrix}, \quad \text{cov}(\mathbf{U}_t) = \mathbf{Q} = \begin{pmatrix} \sigma_{\varepsilon,p}^2 & 0 & \dots & 0 \\ 0 & 0 & \dots & 0 \\ \vdots & \vdots & \ddots & \vdots \\ 0 & 0 & \dots & 0 \end{pmatrix} \text{ and}$$

$$y_t = x_t + v_t = (1, 0, \dots, 0)\mathbf{X}_t + v_t \text{ with } \text{var}(v_t) = \sigma_0^2.$$

The algorithm computes robust estimates  $\widehat{\mathbf{X}}_t$  of the unobservable  $\mathbf{X}_t$  according to the following **recursion**:

$$\widehat{\mathbf{X}}_t = \Phi \widehat{\mathbf{X}}_{t-1} + \frac{\mathbf{m}_t}{s_t^2} s_t \psi\left(\frac{y_t - \widehat{y}_t^{t-1}}{s_t}\right)$$

with  $\mathbf{m}_t$  being the first column of  $\mathbf{M}_t$ , which is computed recursively as

$$\mathbf{M}_{t+1} = \Phi \mathbf{P}_t \Phi^\top + \mathbf{Q} \\ \mathbf{P}_t = \mathbf{M}_t - w\left(\frac{y_t - \widehat{y}_t^{t-1}}{s_t}\right) \frac{\mathbf{m}_t \mathbf{m}_t^\top}{s_t^2}.$$

The weight function  $w(r) = \psi(r)/r$  where  $\psi$  stands for some robustifying function. The scale  $s_t$  is defined by  $s_t^2 = m_{1,t}$  and  $\widehat{y}_t^{t-1}$  denotes a robust one-step prediction of  $y_t$  based on  $\mathbf{Y}^{t-1} = (y_1, \dots, y_{t-1})^\top$ , and is given by

$$\widehat{y}_t^{t-1} = (\Phi \widehat{\mathbf{X}}_{t-1})_1.$$

Finally, the cleaned process at time  $t$  results in

$$\widehat{x}_t = (\widehat{\mathbf{X}}_t)_1.$$

To use the filter-cleaner algorithm we need **robust estimates**  $\widehat{\phi}_p$  and  $\widehat{\sigma}_{\varepsilon,p}^2 = s_{\varepsilon,p}^2$  of  $\phi_p = (\phi_{1,p}, \dots, \phi_{p,p})^\top$  and  $\sigma_{\varepsilon,p}^2$ .

Different approaches to obtain initial estimates lead to similar results, namely

- using **bounded-influence autoregression (BIAR)** via **iteratively reweighted least squares (IWLS)** (cf. Martin and Thomson, 1982)
- a **highly robust autocovariance function estimator** (cf. Ma and Genton, 2000) and the **Yule-Walker equations**
- robust autoregression using **LTS- and LMS-regression**

## Robust Spectral Estimation via WOSA

WOSA stands for Welch's Overlapped Segment Averaging.

Let  $y_t, t = 1, \dots, N$ , be the observed process.

- Split the process into  $N_B$  **overlapping blocks** of length  $N_S$ .
- Calculate **direct spectral estimates** for different blocks of  $N_S$  contiguous data values

$$\widehat{S}_l^{(d)}(f) = \Delta t \left| \sum_{t=1}^{N_S} h_t y_{t+l-1} e^{-i2\pi f t \Delta t} \right|^2, \quad l = 1, \dots, N - N_S + 1,$$

where  $h_1, \dots, h_{N_S}$  is a data taper.

- Then the **WOSA spectral estimator** is defined by

$$\widehat{S}^{(WOSA)}(f) = \frac{1}{N_B} \sum_{j=0}^{N_B-1} \widehat{S}_{jN_S+1}^{(d)}(f).$$

A **robust spectral estimator** can be obtained by replacing the sample mean by an **M-estimator** (cf. Chave et al., 1987), i.e.,

$$\min_{\theta} \sum \rho\left(\frac{x_i - \theta}{s}\right), \text{ or, equivalently, } \sum \psi\left(\frac{x_i - \theta}{s}\right) = 0,$$

where  $x_i$  corresponds to  $\widehat{S}_{jN_S+1}^{(d)}(f)$  and  $\psi(r) = \rho'(r)$ . The solution  $\widehat{\theta}$  is called M-estimate. Because outlier contamination can only result in a spectrum that is biased upwards, a special **asymmetric  $\rho$ -function** is used. It is defined by

$$\psi(r) = r \exp(-\exp(\beta(r - \beta))).$$

The solution is calculated using **iteratively reweighted least squares (IWLS)** with proper **initial values**, e.g., the sample median and a corrected version of the median absolute deviation (MAD).

## Simulated Data

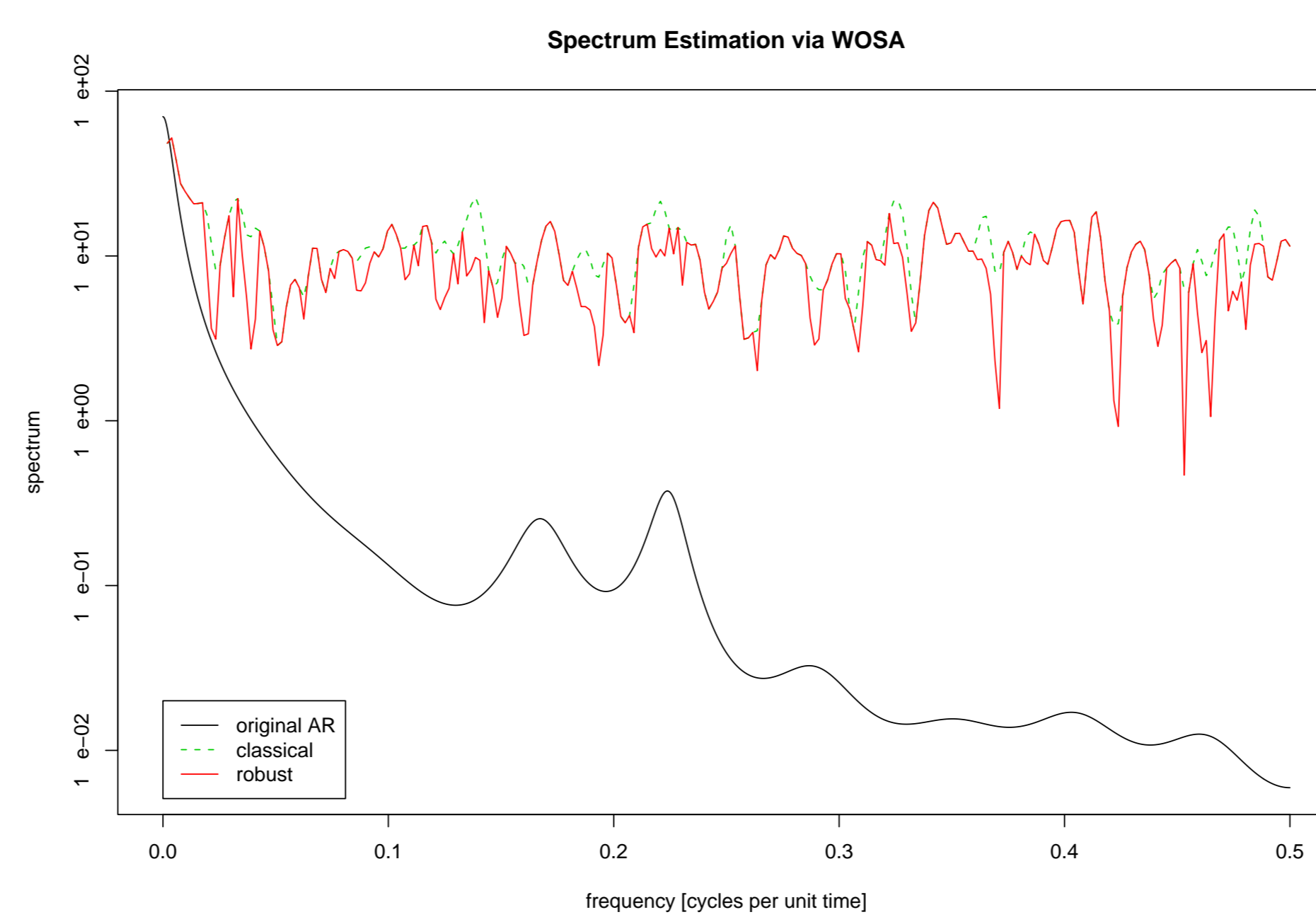
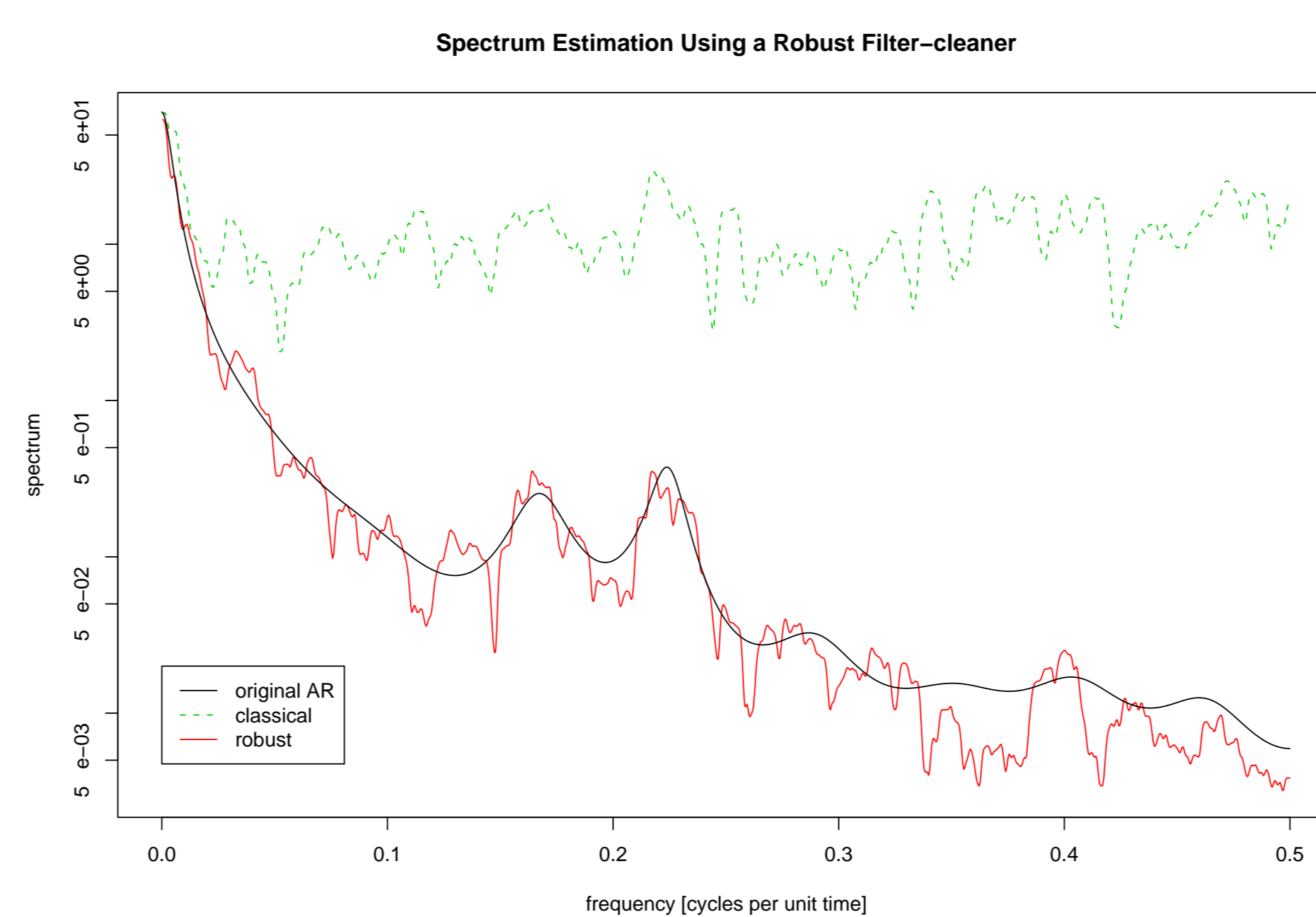
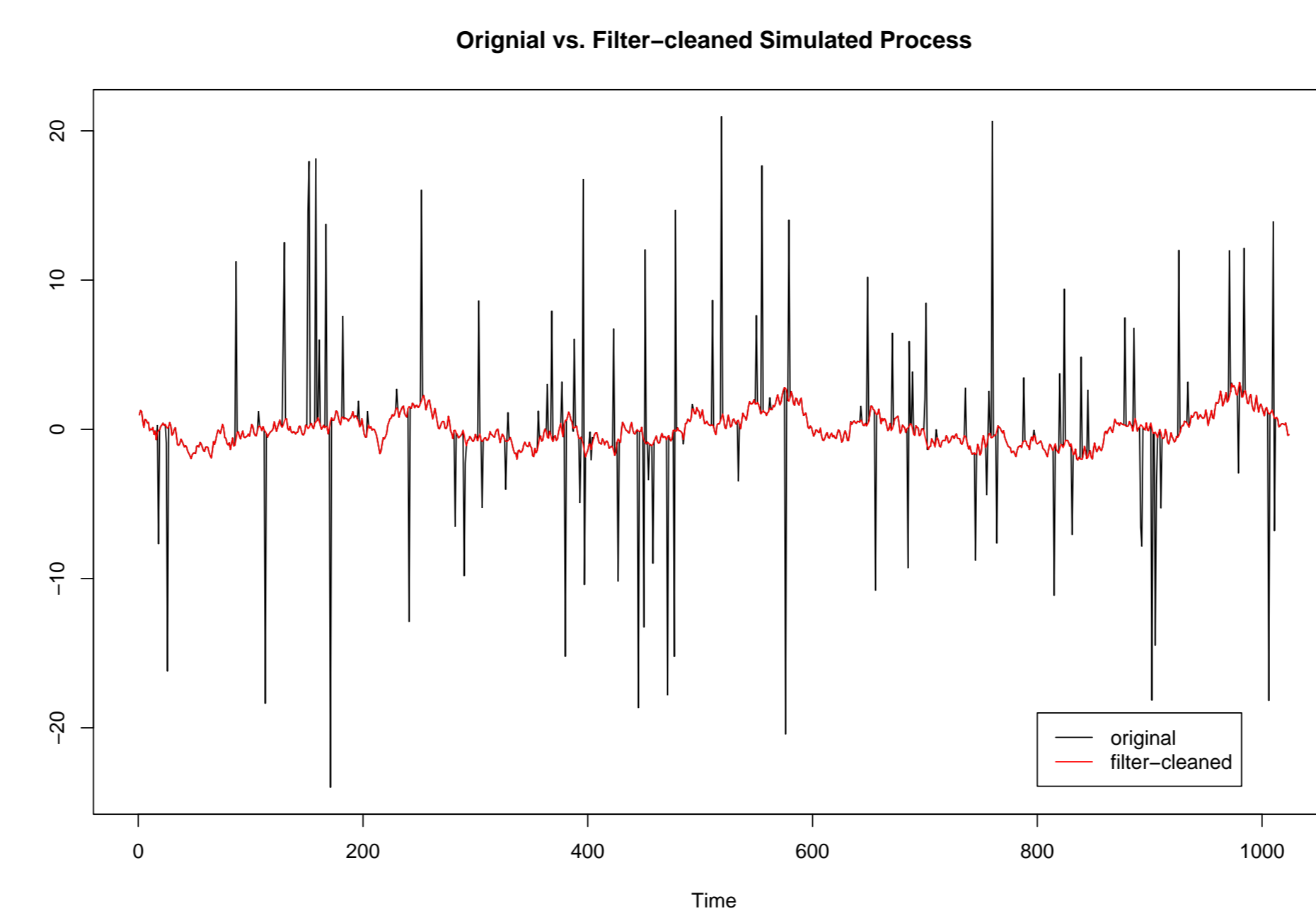
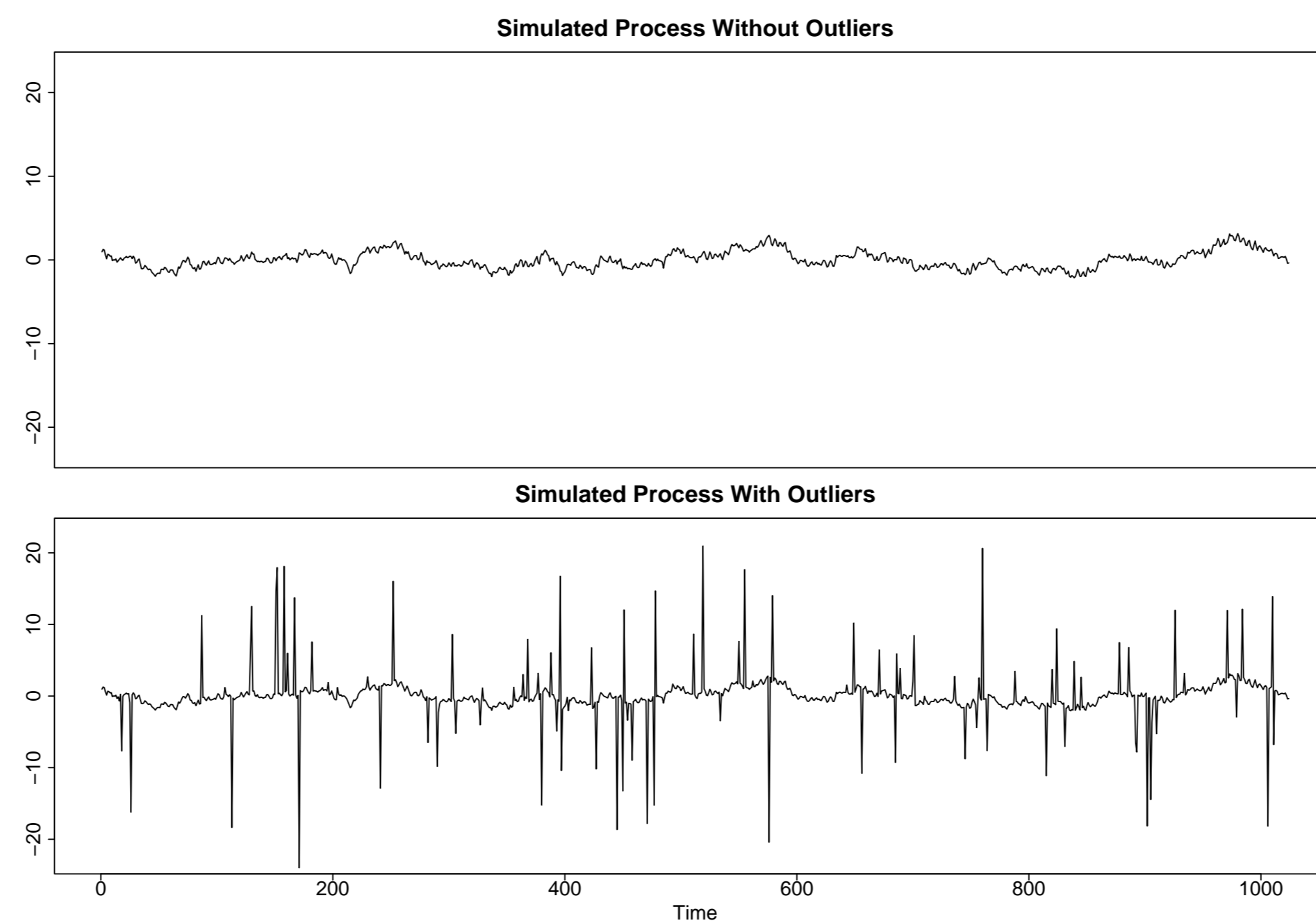
Consider the **artificial process with AO** composed of the following three autoregressive processes (Kleiner et al., 1979):

$$u_k = 0.975u_{k-1} + \varepsilon_k, \\ w_k = 0.95w_{k-1} - 0.9w_{k-2} + \eta_k, \\ z_k = 0.33z_{k-1} - 0.9z_{k-2} + \zeta_k,$$

with  $\varepsilon_k, \eta_k, \zeta_k \sim N(0, 1)$ .  $u_k, w_k$  and  $z_k$  are standardized and

$$y_k = \sqrt{75}u_k + w_k + z_k, \quad k = 1, \dots, n,$$

is computed.  $y_k$  is standardized again. Additionally, noise from  $0.9\delta_0 + 0.1N(0, 100)$  is added.

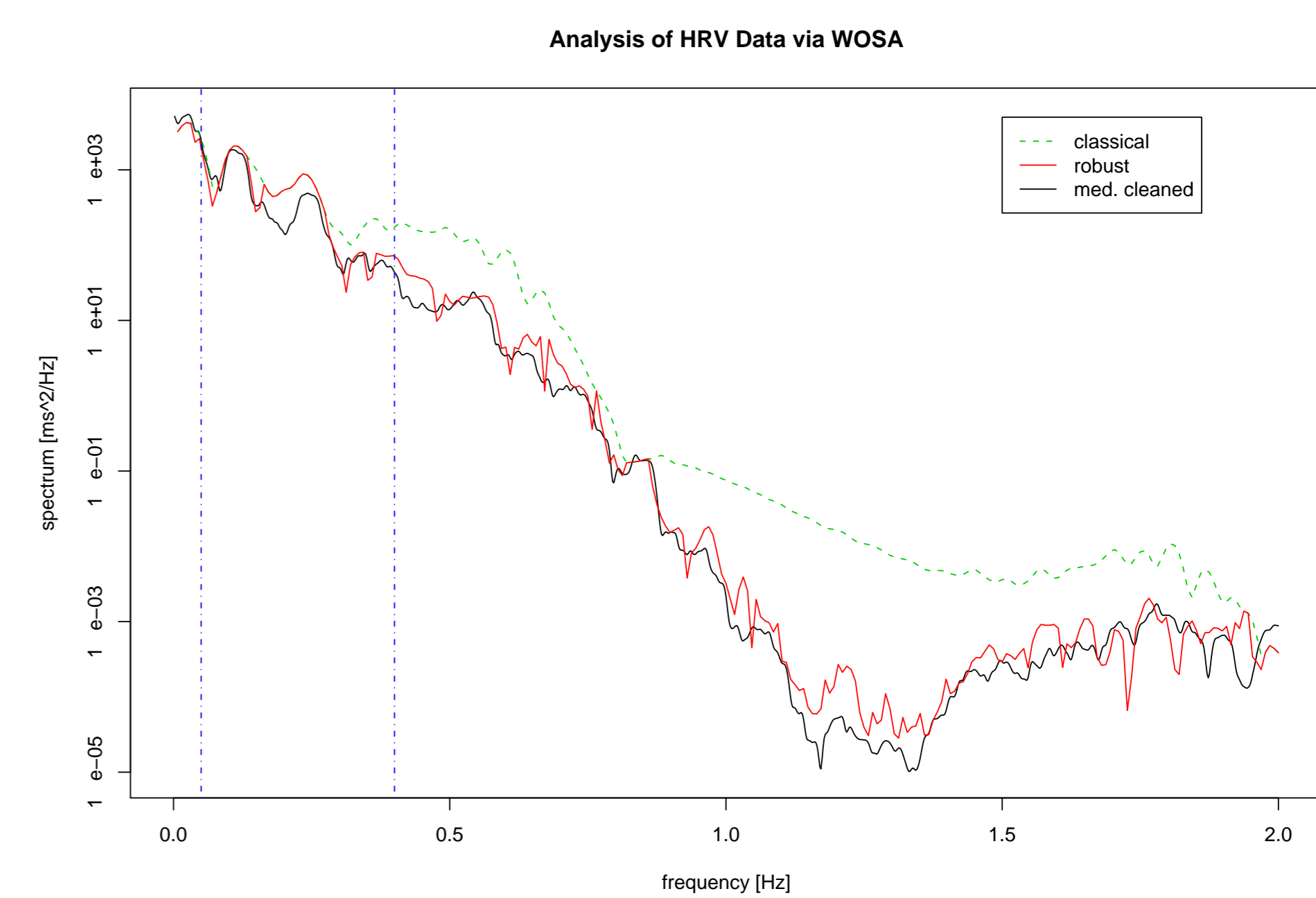
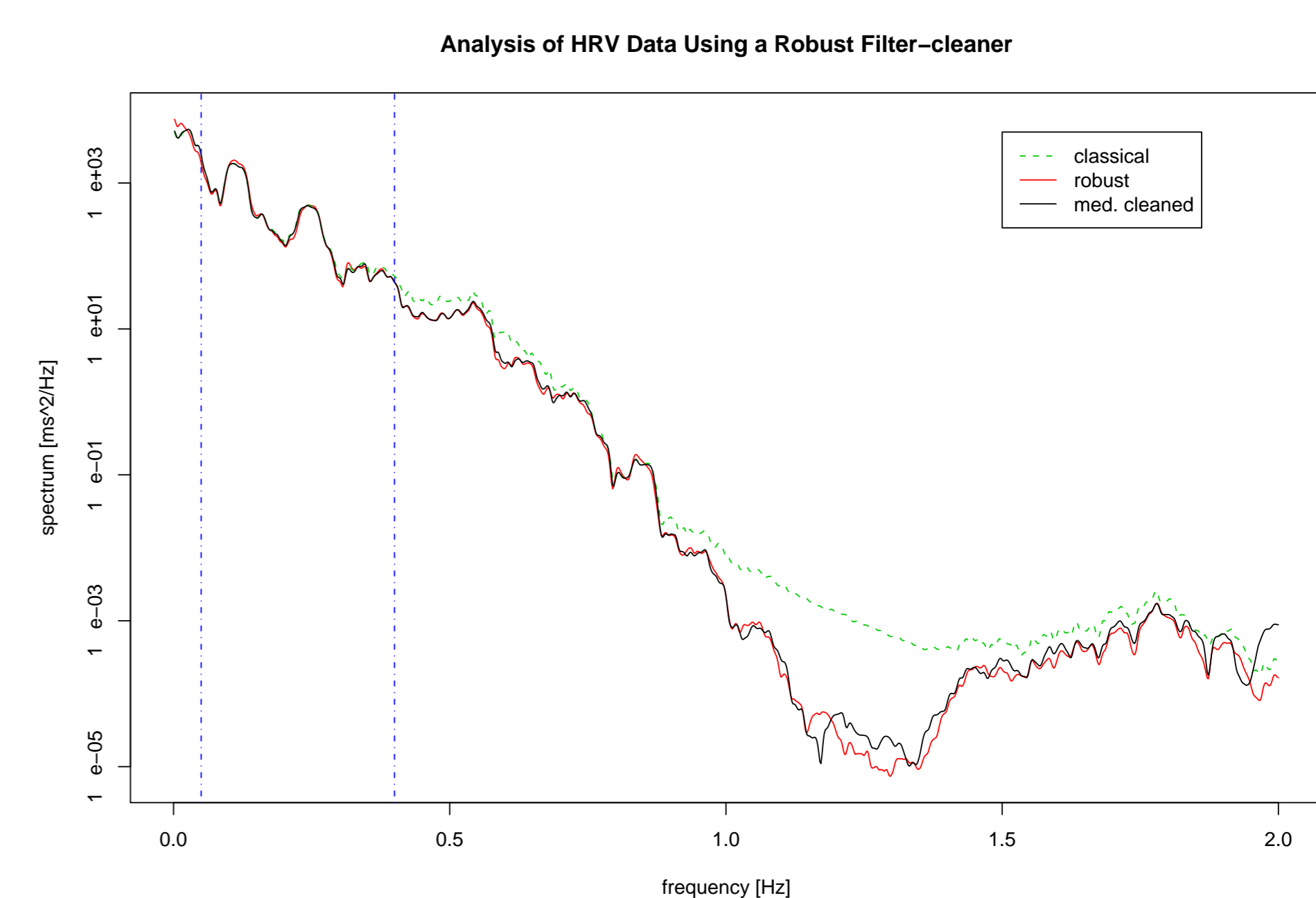
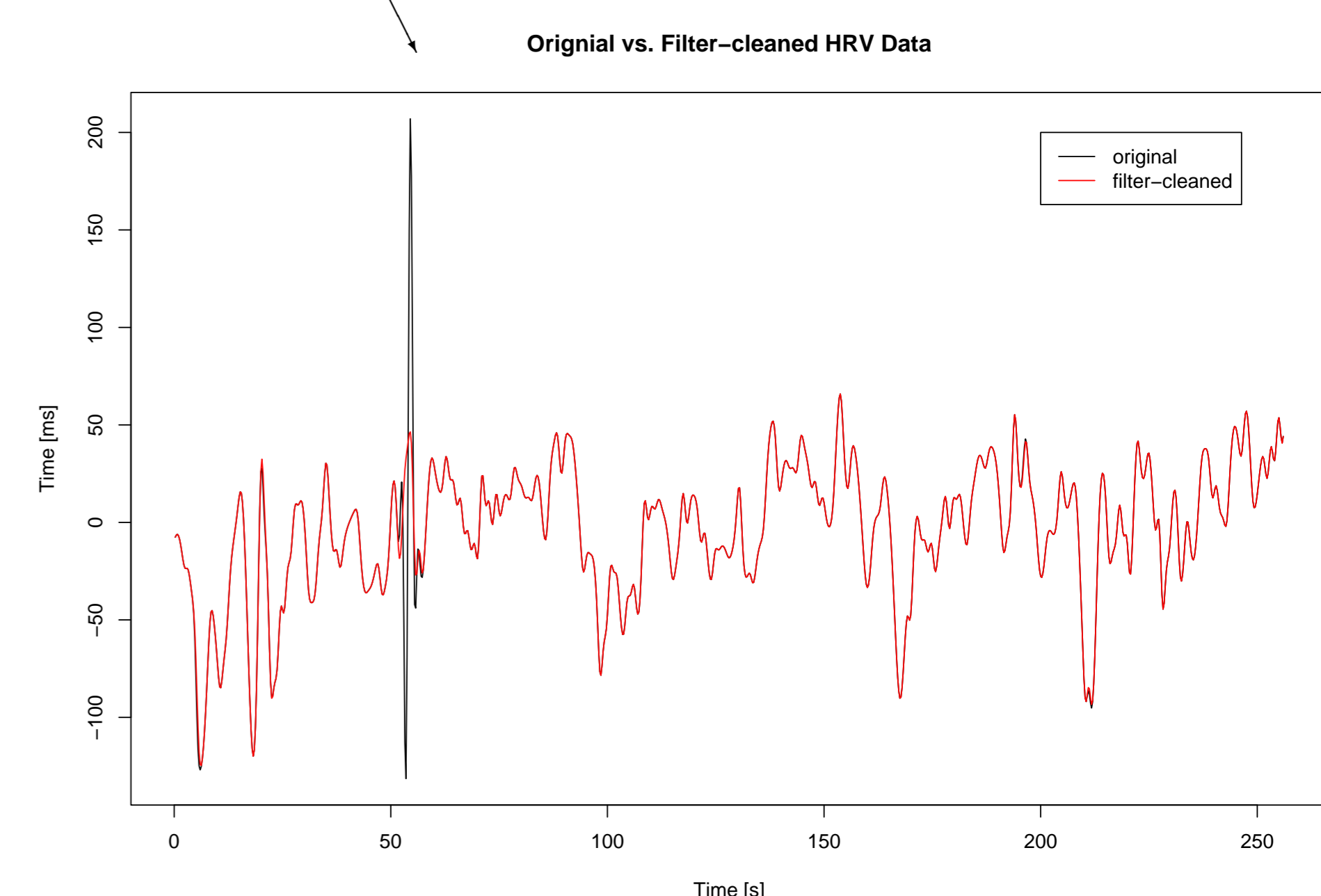
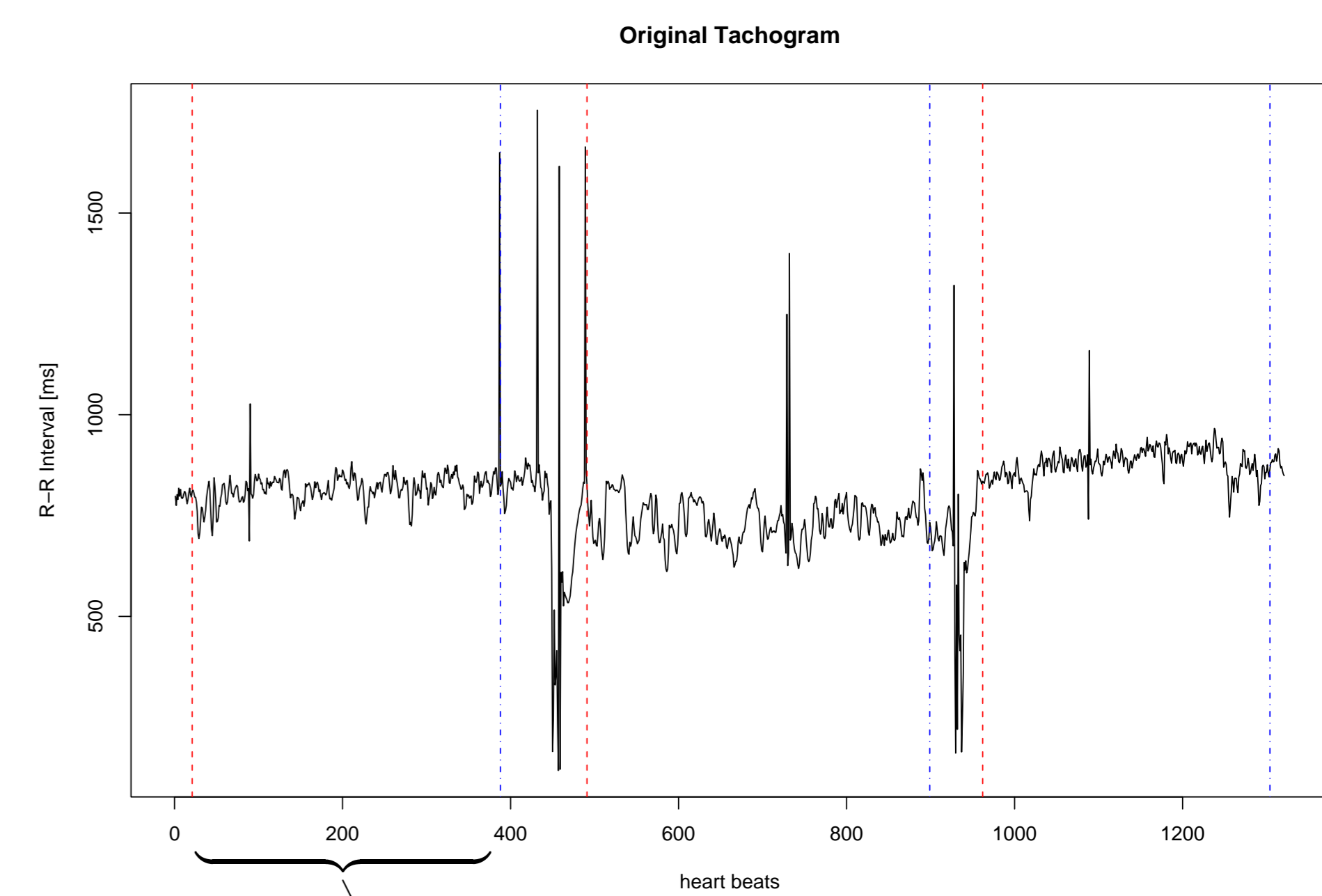


## Summary & Discussion

- Simulated process
  - spectral estimate using the robust filter-cleaner approach: **good**
  - robust WOSA spectral estimate: **poor**
- Analysis of HRV data
  - spectral estimate using the robust filter-cleaner approach: **good**
  - robust WOSA spectral estimate: **good**

## Heart Rate Variability Data

- **Real data**: heart rate variability (HRV) recordings (tachogram of 1321 successive heart beats)
- provided by J. Pumprla and K. Howorka, Department of Biomedical Engineering and Physics, General Hospital of Vienna



## References

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