

**Masterarbeit am Institut für Ökologischen Landbau  
AG Transdisziplinäre Systemforschung**

<b>Topic</b>	<b>The experiences and effects of burnout in organic agriculture and consequences for farm management.</b>
<b>Aim</b>	To understand how the experience of “burn out” changed farmers practices and how they manage their farm.
<b>Description</b>	Burnout is a common experience among farmers, often forcing them to make drastic changes to their fam operation and lives. We are interested in how farmers who have experienced burnout reflect upon and cope with this experience, and on how they used it to make changes in their lives.
<b>Methods</b>	Qualitative interviews, focus groups,
<b>Region</b>	Europe (Austria)
<b>Focus</b>	Social Science
<b>Timeframe</b>	Immediate
<b>Supervisors</b>	Bernhard Freyer, Rebecca Paxton
<b>Requirements</b>	Basic knowledge: qualitative social research, Sensitivity to and preferably experience in working with issues of mental/emotional health Advanced language skills: German and English
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