

Welcome to nominate students and mentors for the GCUA 2030 mentoring program



Welcome to nominate students and mentors to the first cohort of the GCUA 2030 mentoring program. Each GCUA 2030 partner university is invited to nominate 1 student and 1 mentor to the first cohort. The **deadline to send in your nomination is December 3, 2021** to GCUA@slu.se. The program will be led by Dr. Katarina Billing who is a certified psychologist, coach and journalist with more than 20 years' experience of working with people and leadership development.

What: The program consists of six modules and is designed to meet the following goals:

- 1) Support PhD students' sustainable (self) leadership within academia
- 2) Strengthen the PhD students relational and communication skills—for visibility, networking, collaboration and stakeholder management
- 3) Reflect and learn more about the academic culture and norms
- 4) Reflect and learn about a norm critical leadership and approach
- 5) Create a strong community of learning, support, and development.

When: The program will run from March to December 2022.

The mentees need to participate in all 6 modules/seminars. The module dates are the following:

- Module 1: March 31
- Module 2: May 5
- Module 3: June 14
- Module 4: September 15
- Module 5: October 21
- Module 6: November 25

There will also be half a day of guest lecture in the program for which the date is not set yet.

Each module consists of a half-day seminar. The same seminar will be given on two occasions on the same day to account for the different time zones.

Between each module the participant is expected to put approximately half a day on preparatory homework that consists of reading and learning buddy work etc.

The mentors are expected to participate in one introductory half-day seminar in the beginning of the program. **The introductory mentor kick off takes place April 1 for approximately 3 hrs.** In addition, mentee and mentor meet approximately 8 times for approximately 1,5 hrs. The final meeting will take place in December 2022 after the last module.

How: All meetings will be held over Zoom.

Who: Each GCUA 2030 member is asked to nominate two individuals:

- 1) GCUA 2030 members can nominate one student from any discipline related to the SDGs. Nominated students must commit to participating in the full program and provide answers to the following questions:

- What is your professional profile?
- What are your personal interests, strengths and weaknesses?
- What are your expectations for the mentoring program?
- What are you hoping to achieve within the mentoring program?
- Any specific wishes regarding characteristics of your mentor?
- Can you commit to participate at all module meetings (see dates above)?

2) GCUA 2030 members who nominate a student must also nominate a mentor to participate in the program. This mentor can also be from any discipline and will have the opportunity to mentor a student from another GCUA 2030 partner. Mentors must be ready to dedicate time and effort and possess the following characteristics:

- Willingness (motivation to mentor; development oriented; considers mentorship a journey)
- Time to dedicate (participate at the introductory meeting April 1 and meeting with mentee 8 times for approximately 1,5 hrs)
- Builds vulnerability-based trust
- Listens well
- Understands discrimination/is sensitive to “out of norm”
- Open to interdisciplinary work.