

Correct use of nose-mouth protection

**Nose-mouth protection only helps when used correctly!
We show you how!**

STEP 1

Take hold of the nose-mouth protection by the straps



STEP 2

When putting the mask on, make sure it is sitting tightly and comfortably. Place it over your mouth, nose and chin. Secure the straps behind your ears. For masks with nose wires (e.g. industrial masks), the wires must be moulded to fit the contour of the nose.



STEP 3

Now you must no longer touch the mask while wearing it.
Do not fiddle with it.
The exterior could be contaminated.



STEP 4

When removing the protective mask, make sure you do not touch the front. Only use the straps to remove the mask.



STEP 5

After removal, wash your hands thoroughly with soap for at least 20 – 30 seconds. After wearing the mask (max. 2 – 4 hours), wash it at 60 °C. Dispose of disposable products in a closed container.



Proper use of protective masks



1. PUTTING ON

Only touch the mask at the outer edges or by the straps; cover your nose and mouth.

2. SECURING

Depending on the protective mask, fasten the straps behind your ears or at the back of your head.



3. WEARING

You must not touch the mask itself with your hands at any time.

4. REMOVAL

To remove, use the straps to take the mask off your face from back to front.



5. DISPOSAL

Immediately dispose of the mask in a closed container.

6. WASHING

Wash your hands for at least 30 seconds with warm water and soap.

